

The ugar Crier

4650 CLIPPERT, DEARBORN HEIGHTS, MI 48125

VOLUME 50 ISSUE 4

A monthly tradition since 1974

December 2025

Club engagement plummets

Read this article on page 3



Photo by: E. Blevins.

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The Cougar Crier

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The Cougar Crier is a student produced newspaper of Annapolis High School, 4650 Clippert, Dearborn Heights, Michigan.

The articles published in the The Cougar Crier are the views and opinions of the student journalists in 3rd hour Newspaper class. The Cougar Crier staff covers news and topics related to the school community and students of Annapolis High School.

The Cougar Crier was established in 1964 as a monthly publication. The continuation of this tradition is made possible through the help of our teacher and adviser, Amanda Steger.

The Cougar Crier is a member of the Michigan Interscholastic Press Association (MIPA) and the Journalism Education Association (JEA).

The Cougar Crier is distributed to the students and staff of Annapolis High School free of charge and copies are available to the community by email request.

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The Cougar Crier is a proud member of:



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Girl's flag football set to start in spring

Rodolfo Gaona '26 | Broadcast Producer

A long awaited girl's club flag football team is set to start in the spring. The club is being sponsored by the Detroit Lions Flag Football Academy who hope to raise interest about football and leave an impact on the youth. Annapolis Athletic Director and flag football coach Brian Buchanan is excited to provide this opportunity to students.

"What they're trying to do is they're trying to educate people about the sport. They want to be involved with both boys and girls at all levels, all ages, just, you know, share that passion. I think it's great, because I have a passion for football too, and to be able to share that with everybody, it's a cool opportunity," Buchanan said.

School Counselor Timothy Ossman Jr. is interested in assisting in coaching the club. He is excited to train and encourage the club to be a competitive team that offers a foundation of support and community growth at Annapolis. The season is expected to start in March.

"There's only like a four week season, so there's going to be a couple practices in March, four games. And then, based on how everybody does in that, [that] will qualify them for playoffs, which will be held at Ford Field, which is pretty cool," Ossman said.

Science teacher and Class of 2026 sponsor Ziad Saad was among the staff and students who assisted in creating the powderpuff fundraiser event for Annapolis. The first powderpuff game occurred last November of 2024 and interest in flag football has raised ever since.

"There was always interest in why they don't do [flag football] at the school, the school might have thought for a long time that there was no interest,

or it not having the coach and the funding for such a team. I think Mr. Buchanan was able to get the Lions to sponsor it, which kind of takes off a little bit of the load, since I think the other sports get more scholarships and funding. [Flag football] is probably more costly, but now with this, it's gonna give them a lot of change. And the [students] are really excited, I think it's gonna be a really good experience for all of them. They're gonna enjoy it," Ziad said.

Lots of students are very excited about this club and the opportunity it provides. Students such as sophomore Alzahra Yazdchi were hoping to start a flag football club last year after being inspired by the Powderpuff fundraiser that has been held by the Class of 2026 for the past two years.

"Me and a friend had talked to Mr. Buchanan about it, and about making a club or team sport last year. We kind of got that idea from Powderpuff. We've noticed that a lot of girls like football, but not a lot of them can play on the boys team, because it's tackle and it's a lot of guys," Yazdchi said.

Events like Powderpuff and the future flag football club can provide positive experiences and easily accessible chances to learn the sport of football. Senior Brooklyn Harper first began playing flag football and since starting, feels more confident in the sport.

"When I first started Powderpuff, I kind of just went into it with no knowledge, but I definitely, I started to pick up some things. I definitely think that I have enough knowledge to definitely start the sport, especially with all the plays and stuff like that or the kind of the strategy for it. I picked that up and I understood what I needed to do," Harper said.

The club is currently raising interest and seeing if students would like to participate. If you would like to join the girl's club flag football team, fill out the interest form in front of the weight room or talk to Coach Buchanan.



Graphic by: E. Blevins.

Club engagement plummets

Montserrat Barba '27 | Broadcast Editor & Evalynn Blevins '26 | Social Media Manager & Co-Design Editor

Throughout the years, there have been many conversations about the significant decrease in club participation. At AHS, we have various options of clubs that students can choose from, like National Honor Society (NHS), Student Council, and Key Club. NHS, a student-led club, has its focus on helping the people of AHS. NHS president, senior Malak Hasan, speaks on her beliefs on the reason the amount of participation has decreased.

"I feel like the reason why a lot of people are not in NHS is because they don't know it exists and they think it's too much work, me and my board, we've been trying to make new fundraisers to bring more attention to NHS," Hasan said.

Along with the other clubs AHS offers, Key Club is a student-run organization centered on serving their community. Key Club President, junior Nariah Leggs, has spoken out on how participation has been decreasing ever since COVID-19 and how students prefer to stay isolated rather than socialize with others.

"Over the past few years, I have noticed how many students have stopped participating, especially this year. In other clubs I participate in, students have stopped coming to meetings or quitting all together. After COVID-19, students seem to prefer staying home to creating valuable memories in school," Leggs said.

Student Council is a student club that focuses on creating a positive environment at school and bringing members together. The Class of 2026 class president, senior Zahraa Al-Burkat, believes that why participation has decreased is that students are disconnected and that clubs are not doing what they can to help gain participation and members.

"I think there is a lack of participation because nobody talks to each other anymore, there seems to be a disconnect between the classes. In addition, I don't think clubs are doing proper outreach to attract new club members," Al-Burkat said.

Although the reasons behind the drop in participation vary, all three presidents agree that AHS is facing a disconnection among students. With stronger outreach and renewed enthusiasm, AHS clubs hope to remind students of the benefits of getting involved.

Cougar Bites

What is one gift you asked for as a kid? If you got this gift now, would it be useful?

Kalyssa Gunter '26 | Archive Manager



Emma Johnston

Class of 2026

“A Snackeez cup was something I used to beg for, but my mom never got it for me. I would still use it now cause you can have a drink and a snack at the same time.”



Brahim Hammoud

Class of 2026

“When I was younger I wanted a metal detector. If I were to receive this gift now I would go to the beach to look for treasure or money.”



Jonathan Barnett

Class of 2027

“When I was six years old, I asked for a game worn Calvin Johnson jersey. If I were to get it now, I’d definitely buy season tickets to the Lions.”



Erin Simmons

Class of 2027

“I think one thing I wanted as a kid but never got is a bike. If I were to use the bike now I would go bother my friends.”



Makynzie Clark

Class of 2028

“Flexi glow tracks is a gift I wanted. I would still use them now by sticking them to my walls as a source of entertainment.”



Hussain Asser

Class of 2028

“Nike sweatpants is something I used to want. I would still style them together with clothes I wear now.”



Shawn Guerrero

Class of 2029

“When I was a kid I always wanted workout equipment, but now if I had it, it would help me keep in shape for football.”



Zenida Zere

Class of 2029

“One thing I wanted as a kid was an electric mini car. One way I would use it since I don’t have a license yet, is to go get snacks at the gas station.”

Exploring the CTE pathways

An exploration into the three different two hour block classes that are offered at AHS: Culinary Arts, Computer Aided Design and Graphic Communications

Evalynn Blevins '26 | Social Media Manager & Co-Design Editor & **Ali Alkhaqany '26** | Co-Associate Editor-in-Chief

Culinary

The Culinary CTE taught by culinary teacher Chrystal LaFrance, gives students a hands-on introduction to the world of cooking. In this two-hour block class, students learn how to cook different types of food, how to chop and season it, and are able to cook with different kinds of ingredients.

In this class, students like senior Joshua Flores are able to learn the basics of cooking: knife skills, basic cooking methods, and understanding flavor profiles and seasoning. He has learned all of these basic skills in this class and enjoys the head start they give him if he decides to go into the culinary arts.

“I’ve learned how to use different spices to season foods. I’ve learned how to chop and cut vegetables, how to simmer foods, how to boil foods. I’ve learned basically how to cook every type of food in that classroom,” Flores said.

Culinary not only gives students a hands-on introduction to career skills but also provides them with practical kitchen skills and a better understanding of opportunities available to them in the culinary field.



Culinary students making broccoli cheddar soup. Photo by: L. Harleton.



Culinary students mixing up the broccoli cheddar soup they made. Photo by: L. Harleton.

Graphic Commmunications

Taught by teacher Jennifer Reaume, the Graphic Communications CTE teaches kids to convey a message using design and media for print visually. These designs span from things like branding, advertising, and web design.

“I enjoy the hands-on activities and seeing the finished products, and it’s a different format than just like a typical classroom,” Reaume said.

This class allows students to leave the setting of a regular classroom and step into a world of print and design where they can possibly find a new passion. In their first semester of the class, students learn how to keyline and design things that are usable to the user, such as notepads, letterheads, and greeting cards. Then, in the second semester, they mainly focus on silk screening and making different types of t-shirts.

This CTE class not only provides students with the skillset to print, design and create, but is also a functional class, serving multiple specific purposes and it is used to bridge the gap between an idea and the viewer’s mind. This class allows students to be more hands on and turn their visions into reality.



Students in Graphic Communcations folding books. Photo by: L. Harleton.



Students placing the books in the box for the elementary students. Photo by: L. Harleton.

Computer Aided Design

CAD gives students a chance to explore the world of design and to learn the basics of drafting and 3D modeling. This program is taught by teacher Victoria Sweet, and is a two-hour class at the beginning of the school day. For students, CAD offers a chance to explore their personal interests while learning valuable skills. Senior Olivia Sprague is passionate about architecture and design, which is why she was drawn to this class.

“I’m really into architecture and designing stuff... so I really wanted to learn more about architecture and

designing buildings and that type of stuff,” Sprague said.

Beyond preparing for careers, CAD offers a pathway for students to gain knowledge and abilities that will help them in their future careers. The class gives students a chance to develop practical skills that can prepare them for their future. Sprague describes that the class offers valuable lessons about design and construction.

“It basically gives you an insight on software data and how to use different apps. I think it would help a lot, because it gives you an insight

on architecture designing and, you also learn a lot of new skills as you go through the class,” Sprague said.

CAD gives students the tools to explore their interests and build skills to use in the workplace. This program equips students with experiences they can carry into their futures, proving that this is more than just a class, but a step into real-world opportunities. Possible career pathways include architectural and mechanical drafting, product designer, and civil engineering technician.



Sweet helping out students with their lab. Photo by: L. Harleton.



CAD students doing a lab on deflection. Photo by: L. Harleton.

Warming up with the new lunch tables

Isabella Poulos '27 | Feature Editor



The new lunch tables as well with the new chairs. This new seating came to the AHS cafeteria in November. Photo by: I. Poulos.

The cafeteria recently got an upgrade with new tables and chairs due to Chartwells Food Company donating the furniture. I believe this is a great addition to the school. The new tables are a change from the old, and overall a welcome change. The old seats were falling apart and the tables were gross on the bottom. It gives the school a new look, even a somewhat professional look.

My favorite thing about the new seating is the high tables. They remind me of sitting in a Starbucks waiting for my order. The high tables could be even better by adding more chairs. If more chairs were added more students could enjoy this area and socialize more during lunch.

The big Annapolis logo on the round tables is a colorful addition to the cafeteria, however the logo is only on the round tables. I wish that the Annapolis logo was on all of the new furniture as it makes the space feel more spirited and special. The new furniture give a new energy and it is a good change for the students. It allows more flexibility and a way to interact with new people. The chairs are more adjustable to move around as well. The chairs are a warm blue color and they have backs on them which are flexible. They

are so much better than the old stools that were used. We finally got the back support we've been waiting for.

My only suggestion about the new furniture is about the round tables. You can only fit about five people per table and you feel crowded while sitting. Though, the good thing about the round tables is that you can look at all your friends without trying to break your back, which was an issue with the stool tables before.

Overall, the new furniture in the cafeteria is an upgrade from the old tables and chairs where your sight was limited due to arrangement and lack of flexibility.



The new round tables with the Annapolis logo. Photo by: I.Poulos.

Bittersweet bites at AHS

Cameron Lauer '26 | Sports Editor

Lunch food at Annapolis is a controversial topic amongst most of the student body. Everyone has different taste buds, and although various alternative options are offered, that does not mean everything tastes good.

Over the course of my four years, I have had some favorites, such as the Cougar Bowl, a very delicious and nutritious meal with mashed potatoes, corn, chicken, and gravy. This is not only my favorite because of its taste, but also because of its generous serving size.

I feel one of the main problems with the Annapolis lunch is the serving size, and not so much the food itself. It might be different if this were an elementary school, but with all high school students who are growing teenagers. It is very common for students to require more food to be satisfied and grow.

Additionally, sometimes the alternatives, such as burgers and chicken sandwiches, can be dry. I think maybe it is time to find a new food company for a change in flavor. We have been with the same company for a while, and although it has been satisfactory, I would say there is room for improvement. Some kids bring packed lunches from home simply for the fact they do not like the food, or there is not enough.

I do like how inclusive they are and mindful by serving halal options for our Muslim student body. Although the ingredients in some of this food are not the healthiest, many products can contain high amounts of sugar.

However, there is one part about the Annapolis lunch that I would never want to change, and that is the awesome lunch ladies. These lunch ladies make sure all students are beyond satisfied and treat everyone with the utmost respect and kindness. They are the reason some students look forward to the day at school. All in all, the lunch food at Annapolis can be a hit or miss, but with a mixture of good elements, such as many alternatives, and wonderful lunch ladies, overall, I do enjoy my lunch.

FORTNITE IS FOREVER

Ava Vasquez '26 | News Editor



Player gets a victory royale in the new season seven throwback battle royale, titled "Fortnite OG." Photo by: A. Vasquez.

Fortnite was released in 2017, and even now they still have frequent updates and an ever-growing fanbase. In almost any school that you walk into, at least one kid will be talking about Fortnite or referencing the game itself, despite being around eight years since the official release of the game. Fortnite not only gives kids something to do in their free time, but it also gives them a way to make new friends and build their existing relationships.

Personally, I have been playing Fortnite since fifth grade and it surely was not in the spotlight throughout its whole life, but it never left the scene and still had plenty of players throughout. Fortnite also frequently adds new game modes, some recent ones are Fortnite Festival, which is a rhythm game using popular songs, and LEGO Fortnite, which is a collaboration with LEGO and it brings you into a survival sandbox game. The game also features new collaborations fairly often, they recently had a Simpsons collaboration and this has only brought more hype to the game, I truly think it could never die out.

On top of this, Fortnite gives kids something to do after a long day of school. It is a nice break from the schoolwork that they had to endure all day. Especially with the winter weather, getting

out to hangout with friends or just go do something can be difficult for teens who either do not drive or are new drivers. Playing Fortnite with friends after school is ten times more enjoyable when you are stuck at home with bad weather, it gives you a way to hangout with friends when you can not go out the house.

Playing Fortnite can also help you make new friends from your school. Fairly often my friends have invited me to play with people that I had never talked to before and only knew their name or face from school. I believe that this helps unite different people together, all under one shared interest of a game. There are so many people that I would have never talked to before if it were not for meeting them through another friend over Fortnite, this game presents students an opportunity to talk to new people and meet others.

It is no question that Fortnite is still relevant today with all the new collaborations and game modes they have to offer, there is truly only more to come with the game. I think it is a great source of entertainment for students after school to find opportunities to hang out with their friends and meet new people.



Graphic by: Canva.

Winter FASHION SPOTLIGHT

Kimmy Le '27 | Lifestyle Editor & Co-Design Editor



What inspires your fashion?

"I love watching outfit videos on social media and using Pinterest for inspo. Then I recreate the looks in my own style," Othman said.

How are you dressing up for the winter weather?

"For winter outfits, I like layering multiple pieces to give that cozy winter look. I usually add things like a scarf, a button-up shirt under a sweater, or a warm jacket to make the outfit look more put-together and seasonal," Othman said.



Are there brands you specifically shop at for winter clothing?

"I get most of my everyday pieces from Marcelles. For formal occasions, I like Aritzia or Zara. And I enjoy online shopping from different websites depending on what I need," Othman said.



What is your favorite winter clothing piece?



"Long coats with high boots. They're warm and make any outfit look classy," Othman said.

Photos by: K. Le.



Graphics by: Canva.

LANA OTHMAN

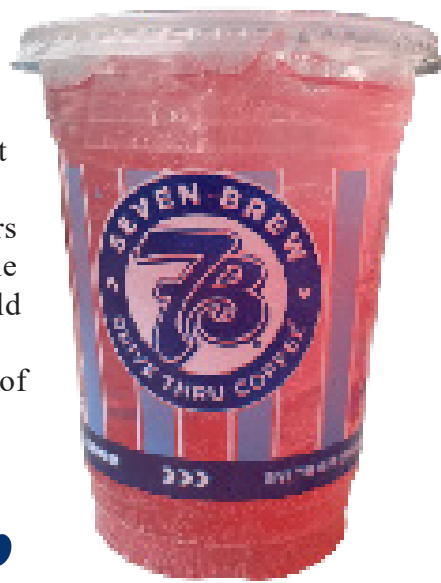
Sipping through 7 Brew

A review of price and flavor on the newly opened 7 Brew in Allen Park

Breyonna Wallace '26 | Opinion Editor & **Evalynn Blevins '26** | Social Media Manager & Co-Design Editor

We decided to order an energy drink infused with pineapple, strawberry, and coconut for the price of \$5.25. When we received the beverage, it looked refreshing and was a transparent pink color. The first sip was a tad sour when we tasted it, but after mixing it, the array of flavors came together and combined well. The drink was very rejuvenating and would taste even better on a hot, sunny day. Overall, we rate this drink a four out of five cougar paws.

Energy

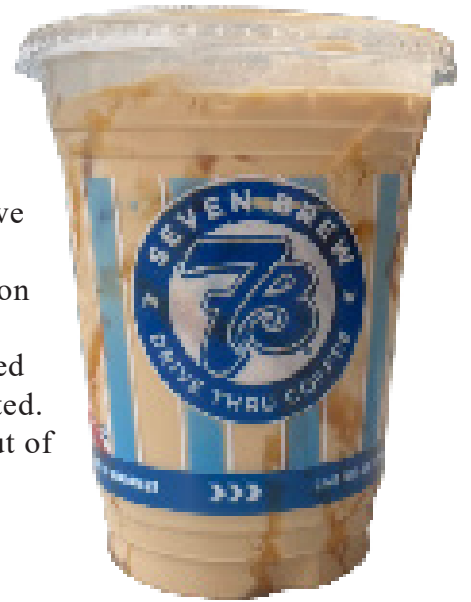


Energy beverage infused with pineapple, strawberry, and coconut flavoring. Photo by: B. Wallace.



We received one of the seven original coffees, an iced blondie with cinnamon roll, cold foam and caramel drizzle for \$4.90. At first glance, it was a tan color that was a little darker than the chai and had a caramel drizzle around the cup. As we sampled the coffee, it had a stronger taste and it overpowered the cinnamon roll flavor that we added. The more we sipped on it, we were disappointed that it was not as sweet as we expected. Overall, we rate this drink a three out of five cougar paws.

Blondie



Iced blondie with cinnamon roll flavoring and lined with caramel drizzle, topped with cold foam. Photo by: B. Wallace.



Graphics by: Canva.

Chai



Iced chai with toasted marshmallow flavoring and caramel drizzle around the cup. Photo by: B. Wallace.

We ordered one of their classic drinks, an iced chai latte enhanced with toasted marshmallow flavoring and caramel drizzle around the cup for the price of \$4.65. When we received the drink, it had a tan color with caramel drizzle around the cup. As we took the first sip, we could taste the toasted marshmallow syrup overpowering the chai flavor, but as we took another sip, the combination of flavors had a gingerbread-like flavor, which gave a comforting holiday feeling to the drink. Overall, we rate this drink a three out of five cougar paws.



Fizz



Fizz drink with strawberry, pineapple and cupcake flavoring with cream mixed in. Photo by: B. Wallace.

For the price of \$3.35, we received a fizz beverage, which is sparkling water that can be infused with any flavor. We chose to add strawberry, pineapple, and cupcake flavoring with cream in the drink. When we received the drink, it had a pretty pink color with giving the impression that the strawberry and cupcake flavors were heightened rather than the other flavors. The first sip lacked explosive flavor and was a bit underwhelming, not tasting like what we expected. Overall, we would rate this drink a one out of five cougar paws.



The secrets to shopping Secret Santa

Top five best Secret Santa gifts for acquaintances

Lexi Cadzow '26 | Photo Editor

Photos by: L. Cadzow.



A spread of T.J. Maxx, Amazon, and Doordash gift cards.



Gift cards are a great way to give a thoughtful gift while still giving the person receiving it the freedom to purchase what they want from that specific store.



A bundle of two plaid sherpa blankets.



Blankets are an enjoyable gift for everyone. They keep you warm in the winter, they are cozy, soft, and relaxing.



A stack of fresh scented candles.



Candles are good gifts to give because keeping the living room, bedroom, or even kitchen smelling delicious is important.



A display of holiday themed chapstick.



Chapstick is always a safe gift to give because naturally everyone's lips get chapped. Especially during the winter, chapstick is an essential that everyone should keep on them.



A row of fuzzy Christmas socks.



Socks are valuable gifts that will be of great use to anyone, because everybody wears socks.

Graphics by: Canva.

Cougar bowlers change lanes

Ali Alwan '26 | Ad Manager

For over 17 years, Annapolis bowling has been coached by Andy Kvamme who sadly passed away on Nov. 13th. The Cougars bowling team is going through a hard transition following the passing of Kvamme. Varsity bowler Eli Gaona has been coached by Kvamme for past three years.

“He was a real role model, a great teacher,” Gaona said.

Gaona is a junior in high school and has been a bowler since his freshman year. He loves the sport and is ready for the competition.

“I’m excited for the upcoming season. I would love for us to win the division this year. I think we have a good enough squad to do it,” Gaona said.

He wants to help the team compete for the division this year, hopefully upsetting titleholders Garden City. Following the passing

of former Coach Kvamme, band teacher Jamie Nasser took over as the new coach of the bowling team.

“I’m excited for the upcoming season. I loved bowling growing up,” Nasser said.

Nasser has been bowling for a few years. He is excited to take on the challenge of coaching this year with the team, and to help the new bowlers learn and perfect their skills.

“I always look for improvement in players,” Nasser said.

So far, the season has started off strong for the girls, with an undefeated record of 3-0 after beating both Redford Union, Romulus and Garden City. The guys are off to a little slower start with a record of 1-2, losing to Redford Union and Garden City but defeating Romulus.

“It’s not easy to perfect the form, you have to keep practicing and practicing until you master it,” said Goana.

Varsity women's bowler Alexis Mousseau, also speaks about some of the battles with this sport.

“It’s all a mental game, you need to be mentally better than the other team and have a stronger mindset when going up to bowl,” Mousseau said.

Mousseau has been bowling for two years, and is now a key member as an anchor for the team. She hopes to achieve the division title for the women's team.

“I really believe we can really do it this year, all the girls have been working so hard,” Mousseau said.

With new Coach Nasser's dedication and the bowlers hard work, the Cougar Bowlers are ready to take on the rest of the league.



Junior Eli Gaona getting ready to hook shot the pins. Photo by: A. Alwan.



Senior Lexi Harleton battling it out to a win. Photo by: A. Alwan.

Wrestlers hit the mats

Osama Alaumari '28 | Circulation Manager



Varsity wrestlers Levi Foster and Hasan Abed preparing to spar. Photo by: A. Alkhaqany.



Varsity wrestler Hachem Dabaja in a sparring match. Photo by: A. Alkhaqany.

The Annapolis High School wrestling program has officially commenced its 2026 season, under Head Coach Tyler Elkins, athletes are currently engaged in demanding practices focused on conditioning and technical refinement.

The roster for the 2026 campaign features a healthy mix of returning and eager first-year varsity wrestlers. Elkins provided perspective on the team's

approach, focusing on individual achievement and collective effort. He stressed the importance of his top athletes performing at the highest level.

“Individually I’d love to have two-to-three state qualifiers again and have them place or compete for placing at the state meet,” Elkins said.

This goal not only motivates the veteran wrestlers but sets a high

benchmark for the entire squad. As for the collective unit, Elkins expressed confidence.

“As far as team performance goes, I expect us to compete,” Elkins said.

Key personnel for the Annapolis High school wrestling team include sophomore Levi Foster, a returning participant providing a strong anchor in the middle weights, and sophomore Marco Gutierrez, who has also been in the program for multiple years. When asked about the team’s motivation, Foster pointed directly to the leadership.

“The wrestling coaches, they are hard working and I appreciate what they do for the team,” Foster said.

When asked what drives his effort during the season’s toughest stretches, Gutierrez also pointed out the essential role of the

coaching staff, noting their ability to keep the team focused and mentally tough.

“The coaches really give us inspiring speeches, really help us out and give us pep talks,” Gutierrez said.

This psychological boost is critical for managing the demands of training and weight management. In addition to established wrestlers, the program is integrating many newer members, who have demonstrated considerable potential in initial training sessions.

The wrestling team appears to be very motivated, and they officially kicked off their schedule with their first dual meeting on Dec. 3rd, ready to translate their rigorous practice into competitive success.

Cougars basketball comes home

Lexi Harleton '26 | Co Associate Editor-in-Chief



Varsity Cougars number 23 and number 1. Photos by: L. Harleton.



Varsity Cougars warm up to take the court. Photo by: L. Harleton.

Dec. 8th vs Roeper

To start the week of Dec. 8th, the Annapolis varsity boys basketball team took on Roeper High School on their home court. The non-league game ended in a 59-56 score with Annapolis bringing home the win. The Cougars fought a hard battle, only leading the match by two points.

Although Roeper High School caught up with the Cougar's 20 point lead in the third quarter, our team was able to come out on top and secure the close win. This will mark a 3-1 record for the Cougars, a positive start to the week.



Cougars huddle during a timeout in the third quarter. Photo by: L. Harleton.

Dec. 11th vs Lutheran Westland

On Dec. 11th the boys basketball team played their second home game against Lutheran Westland high school. The game ended in a 59-39 score, giving the Cougars a 20 point advantage in the game.

This game added to the Cougars 4-1 record overall and a 2-0 record at home. Home games for the Cougars always bring a large crowd and a sense of pride in our athletics. Senior Antwan Brown is confident in his team's ability, attributing this to the team's competitive nature and resilience.

"We always compete, no matter who, no matter what, even if we down. That's one thing I do like about my team. We compete. But yeah, for sure, today was a wonderful game," Brown said.

Lady Cougars vs Roeper

On Dec. 8th, the Annapolis varsity girls basketball team faced Roeper High School at home. The intense game ended in a 29-23 score with Annapolis coming out on top. Junior Alona Debrowski led the Cougars with 12 points, including nine rebounds and two steals. This was the girls basketball team's first official game this year.

Senior player Sania Graves highlights the importance of teamwork and consistency throughout the game. Her commitment to the team over the last four years has been consistent. A role model to the younger players, she wants to see the game grow and her team win.

"Score, just score to win the game, make some type of buckets. If we play good and we work hard, we should win some games," Graves said.

The young team is excited to continue working hard for the next few months. With an overwhelming number of underclassmen players the potential to grow in future seasons is high. Overall, the lady Cougars fought hard, marking a 1-0 record to start the season.



Senior Sania Graves, number 22. Photo by: L. Harleton.



Varsity Cougars take the court. Photo by: L. Harleton.



Graves, number 22, looking for a clear pass. Photo by: L. Harleton.



Junior Alona Debrowski takes the court. Photo by: L. Harleton.

"Either write something that is worth reading, or do something that is worth writing."



Congratulations to Amanda Steger and The Cougar Crier staff for 51 years of journalism excellence in District 7.

Write on, Cougars!

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